

# Matrix Head Start Health Appraisal

CHILD'S LAST NAME:	FIRST NAME:	GENDER ( F ) ( M )	DATE OF BIRTH (mm/dd/yy) / /
ADDRESS (Number & Street)	(City)	(ZIP Code)	HOME TELEPHONE NUMBER ( )
PARENT/GUARDIAN (Last, First, Middle)			WORK TELEPHONE NUMBER ( )
I GIVE CONSENT FOR MY CHILD'S HEALTH CARE PROVIDER AND HEAD START TO DISCUSS THE INFORMATION ON THIS FORM <input type="checkbox"/> YES <input type="checkbox"/> NO			
SIGNATURE			DATE

## IMMUNIZATIONS/ HEALTH HISTORY (This form should be completed by Health Care Provider)

Immunization record attached  No immunizations given today  Immunizations up to date **Sickle Cell Screen:**  Positive  Negative  Trait Date: \_\_\_\_\_

Vaccines *waived* due to reactions/contraindications  YES  NO Date *Contraindication Waiver* signed by physician: \_\_\_\_\_

Does the child take any medication(s) regularly?  YES  NO If yes, list medication(s): \_\_\_\_\_

Reason for medication(s) \_\_\_\_\_

Allergies:  Food  Insect  Environmental  Seasonal  Other  LIFE THREATENING (needs medication) Please state what child is allergic to and type of medication to be administered: \_\_\_\_\_

## PHYSICAL EXAM

Date of Exam: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Pressure: \_\_\_\_\_

Body Mass Index: \_\_\_\_\_ Weight Status Category (BMI Percentile): Please check one:  less than 5<sup>th</sup> (Underweight)  5<sup>th</sup> –84<sup>th</sup> (Healthy Weight)  
 85<sup>th</sup> - 94<sup>th</sup> (Overweight)  Greater than the 95<sup>th</sup> (Obese)

## TESTS AND MEASUREMENTS

Date child tested for:	Test results: Subjective Unacceptable	Normal	Referred	Under Care	Date child tested for:	Test results: Please insert numerical value.	Normal	Referred	Under Care
<b>VISION</b> Date: ___/___/___	Visual Acuity Muscle imbalance Other: _____				<b>HEMOGLOBIN/ HEMATOCRIT</b> Date: ___/___/___	HGB Results _____ HCT Results _____			
<b>HEARING</b> Date: ___/___/___	Audiometer				<b>Blood Lead Level</b> Date: ___/___/___	Level ___ ug/dl			

	NORMAL	UNDER CARE	REFERRED		NORMAL	UNDER CARE	REFERRED		NORMAL	UNDER CARE	REFERRED
Posture/Gait				Lungs				Skin			
Head				Genitalia				Teeth			
Speech				Abdomen				Back			
Glands				Bones/Joints/ Muscle				General Appearance			
Nose				Developmental Surveillance				Psychosocial/Behavioral Assessment			
Heart				Anticipatory Guidance				History Initial/ Interval			

EPSDT Health Care Up-to-Date/ Well Child (Please check) YES \_\_\_\_\_ NO \_\_\_\_\_

Do you serve as the child's Medical Home? (Please check) YES \_\_\_\_\_ NO \_\_\_\_\_

Essential Findings Deviating from Normal and Recommendations:

Examiner's Name in Print _____	Date _____	Telephone: _____
Examiner's Signature _____		Medical Follow-Up Needed
Office/ Clinic Address _____		Yes <input type="checkbox"/> No <input type="checkbox"/>